

'I Am' the Bread of Life

Each member of the group must have a piece of paper and a pen/pencil, plus a Bible. The group also needs a flipchart page and marker pen(s).

- Tell them to do the following, they must not talk to others or copy as they do this:

1. Write down a list of as many things that come to your mind when you think about the word "bread".
2. Now imagine you were starving in a poor country. Look back at your list, and cross out the words that you don't think would be relevant, and add in others that might be.

- Now split into pairs and compare your list with the other person's. You must come up with a final list that you both fully agree on that represents the meaning of the word "bread" to someone who is starving.



- Now get the whole group together to agree a final list by comparing the two or three that the pairs have. Write this list up large so that you can keep it in mind as you read the passage.
- Read John chapter 6 verses 28 - 59 & 68.
- Ask for volunteers to try to put the passage into their own words.... a maximum of 30 words to be used!
- Look at verses 35 and 51, what do members of the group think Jesus was trying to say?
- In verse 41, why do you think the Jews grumbled about what He said?
- When did this conversation happen? (What had everyone just seen Jesus do?....look back at the start of the chapter).
- What miracle of Moses were they talking about to do with "manna"? If no-one knows, look at Exodus 16:12 - 31.
- From this passage, what did Jesus say we have to do to get the Bread of Life?
- Look at your main list about what Bread is like for starving people. In what ways can Jesus be like the things written on this list for us?
- Look at your own original list of what bread meant to you (ie, someone not starving). In what ways can Jesus be like the things written on *this* list?
- Which of the two lists is closer to what Jesus means to you.....your own list or the starving person's?
- Get each member of the group to choose one verse which they think best sums up then whole passage, and also ask them to try to give the meaning of the passage in 30 words again.....is there more to it than they first thought?
- Try to get everyone in the group to make up a prayer about what you have been talking about.